Thank You For Participating in the



October 10, 2009

The Northwest Indiana Spinal Cord Injury Group and Unite 2 Fight Paralysis would like to extend a sincere thank you for your participation in the Spinal Cord Injury Walk/Roll/Ride 2008.

Your time and donations will go a long way in improving the lives of those with spinal cord injuries living in Northwest Indiana and helping those who fight diligently for a cure for paralysis.



nwiscig.blogspot.com

The Northwest Indiana Spinal Cord Injury Group: Our mission is to improve the quality of life for those with spinal cord injuries living in Northwest Indiana, through education, advocacy, peer support, and recreational outings.

For more information email nwiscig@gmail.com or call 219-531-0055

A few spinal cord injury facts...

- Every 41 minutes, another American sustains a spinal cord injury resulting in paralysis. This translates to an estimated 11,000 new injuries annually.
- The average age at injury is 38, with 56% of all injuries occurring between the ages of 16 and 35. Young adults reaching the peak of their earnings potential.
- In addition to paralysis, secondary conditions resulting from a spinal cord injury include compromised respiratory, bowel, bladder function, as well as chronic urinary tract infections and pressure sores.
- The estimated annual direct costs of care for Americans living with paralysis due to spinal cord injury are \$15 billion. One of the costliest conditions in our country.
- Spinal cord injury knows no boundaries.
 In a split second it could happen to you, a family member, friend, or neighbor.

Sources:

(1) Spinal Cord Injury Information Center, www.spinalcord.uab.edu(2) Care Cure; www.sciwire.com Please take the time to thank and support our sponsors.











We can't forget...



Low priced Buffets for all Occasions We Set Up and Serve Family Owned and Operated

Lisa Sullivan **219-759-1057**

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WGN TV, Hooligan's, Cinemark of Valparaiso, Cut Above, The Viking Chili Bowl, Natalie Theis, Wise Way Foods, Jerry Hager Autographs, Laura Randall at 7 Eleven, Burger King, Danny Vandiver, Martin Binder Jeweler, Semento's, Danny O's, Umbrella Ink, Salon 218, and all of the donors, volunteers, family and friends that made the Spinal Cord Injury Walk 2009 possible.



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