

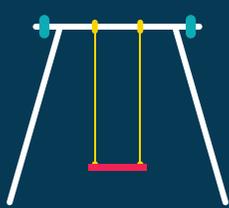
# PLAYGROUND

## Safety Checklist



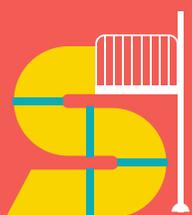
### General Safety Tips

- Always carefully supervise children on playgrounds.
- Inspect equipment and surfacing regularly to verify they're in good condition.
- Surfaces around equipment should consist of at least 12 inches of wood chips, sand, pea gravel or mulch — or equipment should be surrounded by safety-tested rubber mats.
- Protective surfaces should extend at least 6 feet in all directions from playground equipment.
- Play structures more than 30 inches tall should be spaced at least 9 feet from other pieces of equipment.
- Ladder rungs or guardrails should have spaces between them — either more than 9 inches or less than 3 1/2 inches in width.
- Look for protruding bolts, open hooks, sharp edges or points on all equipment.
- Watch for tripping hazards such as tree roots, rocks and exposed concrete footings.
- Make sure elevated surfaces have guardrails to prevent falls.



### Swing Sets

- Children should always sit in the middle of the swing.
- Never stand or kneel on a swing.
- Always stop the swing completely before exiting.
- Only one child should sit in a swing.
- Make sure children walk well in front of or behind swings to avoid being struck.
- Always hold on with both hands.
- Never twist swing chains.



### Slides

- Children should hold on with both hands as they climb to the top.
- Always slide down feet first, while sitting up.
- Allow only one child down the slide at a time.
- To avoid being hit, don't stand at the bottom of a slide.
- Always check to see no one is standing at the bottom of the slide before going down.
- Check metal slides before use to see whether they are too hot.



### Jungle Gyms

- Always use both hands while climbing or swinging.
- Avoid having too many children using the equipment at the same time.
- Make sure children are all climbing or swinging in the same direction.
- Leave plenty of room between children.
- Watch out for swinging feet above.
- Don't use equipment if wet.



### Seesaws

- Children should sit facing each other.
- Always use both hands.
- No standing or walking/running on the board.
- Keep feet out from underneath the board as it comes down.
- Never lean back on a seesaw.



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